

# ALLENDALE EAST AREA SCHOOL CANTEEN MENU TERMS 4 & 1

(March 2016)

<b>HOT DOGS</b>	
In bread	<b>Plain</b> \$2.00 <b>Sauce</b> \$2.20
In a roll	\$2.20     \$2.40
In a roll with cheese	\$2.60     \$2.80



## PASTA

Penne pasta bolognaise	\$4.00
1/2 serve penne pasta bolognaise	\$3.00
Cup of noodles	\$2.00
Lasagne	\$4.00



## POTATO DISHES

Potato Bake (made fresh)	\$3.50
Wedges (plain)	\$3.50
Wedges with chilli sauce & sour cream	\$4.00
Baked potatoes with cheese only	\$2.50
Baked potatoes with shredded ham, cheese & sour cream	\$3.00
Baked potatoes with coleslaw, cheese & sour cream	\$3.50
Baked potatoes with shredded ham, cheese, pineapple, coleslaw and sour cream	\$4.50
(all potatoes served with garlic butter)	



## SANDWICHES (white or wholegrain)

Roast chicken, ham or tuna	\$2.50
Roast chicken & salad	\$4.00
Ham/Tuna & salad	\$3.50
Cheese or tomato	\$2.00
Salad (no meat)	\$3.00
Vegetite	\$1.50
Extra fillings 50¢ ea	
(salad consists of lettuce, cucumber, carrot, beetroot, cheese, gherkin, salad onion and tomato)	



## BREAD ROLLS (white or wholegrain)

Roast chicken & salad	\$4.50
Ham/Tuna & salad	\$3.50
Chicken lettuce & mayo	\$3.50
Cheese or tomato	\$2.00
Salad (no meat)	\$3.00



## PITA WRAPS

Roast chicken & salad	\$4.50
(salad consists of lettuce, cucumber, tomato, carrot, cheese & beetroot)	
Chicken chilli wrap with lettuce, cheese, mayo & chilli sauce	\$3.50
Chicken chilli wrap & salad	\$4.50
(salad consists of lettuce, cucumber, tomato & cheese)	



## PASTRIES

Pies	\$3.50
Pasties	\$3.50
Sausage rolls	\$2.70
Mini pies	\$1.50



With or Without sauce

Croissants with ham, cheese & tomato	\$3.50
Croissants with ham, cheese & pineapple	\$3.50



Our Menu is in line with the Rite Bite Policy

## SALAD PLATES

- Chicken, ham or beef salad \$4.50
- Garden Salad \$4.00
- Greek Salad \$4.00



## SUSHI SANDWICH BITES – Six pieces per pack

- Tuna, lettuce, mayo, spring onion & celery \$3.00
- Ham, lettuce, tomato & pickles \$3.00
- Cheese & vegemite \$2.50
- Mixed pack \$3.00



## FRUIT

- Fruit salad tub \$3.00
- Watermelon slices \$0.50



## HOT FOODS

- Chicken roll with gravy \$4.00
- Chicken roll with mayo \$4.00
- Chicken or Fish burger plain \$3.00
- Chicken or Fish burger with mayo or sauce \$3.50
- Chicken or Fish burger cheese lettuce & mayo \$4.00
- Chicken or Fish burger with salad - (salad lettuce, tomato, cucumber & cheese) \$5.00



- Nachos / Plain – corn chips, sour cream \$3.00
- Nachos / Lot – corn chips, sour cream, salsa \$3.50
- Corn on the cob \$1.20
- Fried rice (made fresh, served in noodle box) \$3.50



## PIZZAS

- Ham & pineapple singles \$2.50
- Cheese & bacon singles \$2.50
- Garlic Bread \$2.00
- Cheesy Garlic Bread \$2.50



## ASSORTED HOT FOODS - NEW

- Steamed Dim Sims \$0.80
- with soy sauce \$0.90
- Fish Fingers \$0.60
- 2 Sausages with mashed potato & gravy \$4.50
- Fishes alive (4 fish fingers + potato gems) \$4.00
- Dino smack attach (5 dino snacks + potato gems) \$4.00
- Meatball sub \$4.50
- Chicken chilli sub (lettuce, cheese & mayo) \$4.00
- Chicken munchies attack (8 munchies + potato gems) \$4.00
- Nugget Break (5 nuggets + potato gems) \$4.00
- Cheese Burger (meat, cheese & sauce) \$4.00
- Mash potato & gravy (peas optional) \$3.00

## DRINKS

- Flavoured milk small \$2.50  
(chocolate, strawberry, & feel good coffee)
- Water \$2.50
- Iced Tea \$3.60
- Assorted fruit boxes \$1.50
- LOL – Tropi-kol / Razz-bri / U-da-man Carbonated Fruit Drink \$3.00



## ICEBLOCKS / ICECREAMS

- Icy Pole - Lemonade \$1.00
- Paddlepop \$1.50
- Frozen quelch \$0.80
- Callipo – Raspberry / Pineapple \$0.80



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